Client Education
To: BHD Healthcare Providers
From: Ernst J. Schaefer, MD, Chief Medical Officer & Laboratory Director
Re: Commonly Used ICD-10 Codes
Date: 11/15/2024

➢ We need your help! Most insurance payors will not cover laboratory testing unless it is accompanied by a diagnosis code that aligns with the medical necessity for the testing. Please help us to ensure that all relevant codes are included and that the tests are medically necessary for your patients, and also that the codes are accurate for the tests needed. If the patient does not have a diagnosis code that supports the medical necessity, your patients may be financially responsible for the testing and we want to provide awareness, as it is never our goal to surprise patients.

➢ Below and on our requisition form, we provide International Classification of Disease - 10th version ("ICD10") codes that payors commonly view as aligned with medical necessity for our testing. We provide this information as a reference tool solely to educate you regarding current payor policies. This list is not exhaustive; and we are not intending to dictate or influence your choice of diagnoses. However, if a patient does not have one of the diagnoses below, it is important to communicate to them that their testing may not be covered, and they may be financially responsible. Please feel free to email me at ernst.schaefer@bostonheart.eurofinsus.com or call me at 781 258-1454 if you have questions about these issues or about the diagnosis and management of your patients.

Test	Common Test For:	Diagnosis Codes Typically Covered by Payors
NT-ProBNP	Heart Failure	I50.9 Heart Failure, unspecified
HDL Map	Lipoprotein Deficiency (low HDL-C)	E78.6- Lipoprotein Deficiency
Fasting Glycated Serum protein, HbA1c, Glucose, and Insulin	Diabetes and/or Prediabetes	E11.9 Type 2 Diabetes Mellitus without complications R73.03 Prediabetes
Standard and Advanced Lipid Panels, Cholesterol Balance, and Fatty Acid Balance Testing	Hyperlipidemia and Elevated Lp(a)	E78.00 Pure Hypercholesterolemia E78.2 Mixed Hyperlipidemia E78.41 Elevated Lipoprotein(a)
CBC, Ferritin, Iron, Folate, and Vitamin B12	Anemia	D64.9 Anemia, unspecified
Hs-CRP, Fibrinogen, LpPLA$_2$, Myeloperoxidase, OxPL-apoB, Ox-LDL, and Troponin T	Chronic Ischemic Heart Disease, Heart Disease, Heart Disease Risk, Coronary, Cerebral or Extremity Atherosclerosis, Cerebral Infarction (stroke), and Inflammation	I25.9 Chronic Ischemic Heart Disease, unspecified I51.9 Heart Disease, unspecified I63.9 Cerebral Infarction, unspecified I67.2 Cerebral Atherosclerosis I25.84 Coronary Atherosclerosis due to calcified coronary lesion I70.203 Unspecified Atherosclerosis of native arteries of extremities, bilateral legs
Estrogen, Progesterone, and Testosterone	Hormone Deficiency	E29.1 Testosterone Deficiency E28.39 Decreased Estrogen
TSH, Thyroid Antibodies, Free and Total T3 and T4, and PTH	Thyroid Disease, Parathyroid Disease	E06.3 Autoimmune Thyroiditis E03.9 Hypothyroidism, unspecified E07.9 Disorder of thyroid, unspecified E21.3 Hyperparathyroidism, unspecified
BUN, Creatinine, and Cystatin C	Kidney Disease	N18.9 Chronic Kidney Disease, unspecified
Uric acid	Gout	M10.9 Gout, unspecified
Homocysteine	Hyperhomocysteinemia	E72.11 Hyperhomocysteinemia
PSA	Prostate disorders	N42.9 Disorder of Prostate, unspecified
Fatty Acid Balance, Vitamin B12, Folate, and Homocysteine	Cognitive impairment or dementia	G31.84 Cognitive Impairment, unspecified F03.90 Dementia, unspecified
Creatine Kinase (CK)	Myositis	M60.9 Myositis, unspecified
Vitamin D	Vitamin D deficiency	E55.9 Vitamin D Deficiency, unspecified