

# DID YOU KNOW THAT CARDIOVASCULAR DISEASE (CVD) IS THE NUMBER ONE HEALTH RISK FOR WOMEN?<sup>1</sup>

**1 IN 3 WOMEN  
HAVE OR WILL HAVE CVD<sup>1</sup>**



**ONLY 1 IN 5 WOMEN  
KNOW CVD IS THEIR BIGGEST RISK<sup>1</sup>**

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diagnostics®

# The symptoms of heart disease can be different in women and are often misunderstood.

In patients hospitalized with myocardial infarction (MI), women were more likely than men to present without chest pain.<sup>2</sup>

## KNOW THE ATYPICAL SYMPTOMS:

- Pain in the arm or shoulder
- Indigestion or nausea
- Back pain
- Overwhelming fatigue
- Jaw pain
- Shortness of breath

Women under 55 are

7x

more likely to be misdiagnosed than men mid heart attack<sup>3</sup>

## Let Boston Heart's integrated, CVD-focused offering help you uncover the details specific to female patients with CVD risk factors.

### Highlighted Testing for Women

#### LIPIDS

Studies have shown both Lp(a) and low HDL to be prominent risk factors for heart attack in women. Furthermore, low HDL and high triglycerides are stronger predictors of CVD in women than in men.<sup>4,5</sup>

#### INFLAMMATION

Relative risk of future ischemic heart disease (IHD) events increases proportionally with rising levels of high sensitivity CRP, acting synergistically with other risk factors.<sup>6</sup>

#### HORMONES

Lower levels of estradiol seen in perimenopausal and postmenopausal women are associated with higher levels of small LDL and HDL particles which increase risk for CVD.<sup>7</sup>

FOR MORE INFORMATION, VISIT [BOSTONHEARTDIAGNOSTICS.COM](http://BOSTONHEARTDIAGNOSTICS.COM) OR CALL 877.425.1252.

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877.425.1252 [bostonheartdiagnostics.com](http://bostonheartdiagnostics.com)   

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