

INTRODUCING

# **ANN SIMS, RD, LD, CLS, CDE**

**Boston Heart Diagnostics Medical Science Liaison**

Ann's passion for educating others on the prevention of cardiovascular disease started when her father was diagnosed with CVD in his early 50's. She knew then that she wanted to pursue a career that would allow her to help prevent and eradicate heart disease.

Ann graduated from Auburn University with a degree in Nutrition and Food Science and completed graduate work in Clinical Nutrition at the University of Alabama at Birmingham. She has worked in the advanced cardiovascular disease testing space since 2004 covering both patient care and provider support. Her passion for cardiovascular disease prevention and management led her to complete her board certification as a Clinical Lipid Specialist in 2012.

Becoming certified as a Clinical Lipid Specialist demonstrated her professional accomplishment and growth, and validated her competence, knowledge, dedication and commitment to the best practices and standards in the field of lipidology.

Seeing the impact of insulin resistance and diabetes on cardiovascular disease risk, she decided to further her studies and became credentialed as a Certified Diabetes Care and Education Specialist in 2015. Ann loves sharing in the excitement as providers who are new to advanced testing learn how to gain insights into their patients heart and metabolic health when they look beyond the basic lipid and glycemic markers. She also enjoys discussing the pathophysiology of lipoprotein disorders and the biochemistry of lipoprotein metabolism. When she is not entrenched in the world of lipids, she enjoys spending time outdoors with her husband, three sons and three dogs at her home in Alabama.



Ann can be reached at:  
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mobile phone during regular business  
hours at 334.868.3163.

## Boston Heart Medical Science Liaisons

Boston Heart Medical Science Liaisons are key resources for you and your practice. They work hand-in-hand with your Boston Heart Sales Representative to provide clinical support and education to all members of your staff. Most Medical Science Liaisons have backgrounds in advanced nursing, research and medical education and are extremely motivated to assist you in addressing your advanced testing questions. They are available for one-on-one consultations so you can help your patients achieve their health goals.

## Boston Heart

Boston Heart Diagnostics recognizes that cardiovascular disease (CVD) and diabetes are complex and every patient's story is different—patient care needs to be individualized if we are to make a significant impact on clinical outcomes. Boston Heart Diagnostics is transforming the treatment by integrating test results with patient history to create highly personalized laboratory reports that provide healthcare providers with a comprehensive picture of a patient's health. Boston Heart employees have a singularly focused mission: partner with healthcare providers to enable everyone to improve health and prevent disease.

**For more information, please visit [www.bostonheartdiagnostics.com](http://www.bostonheartdiagnostics.com).**

877.425.1252 [bostonheartdiagnostics.com](http://bostonheartdiagnostics.com)   

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